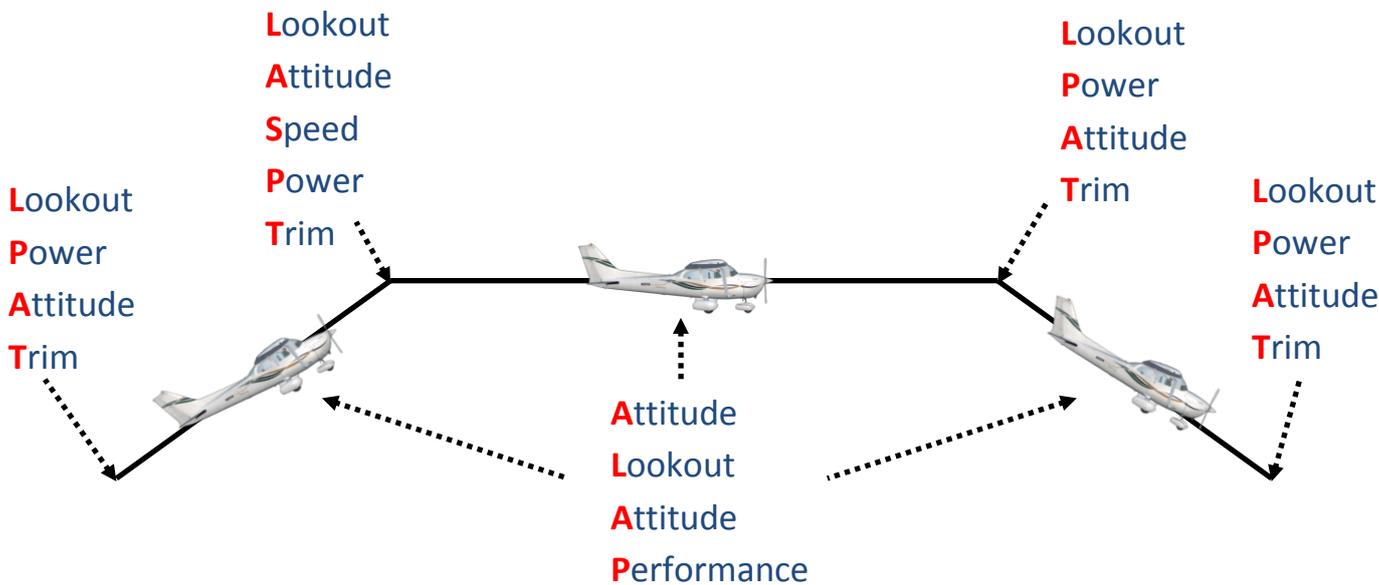
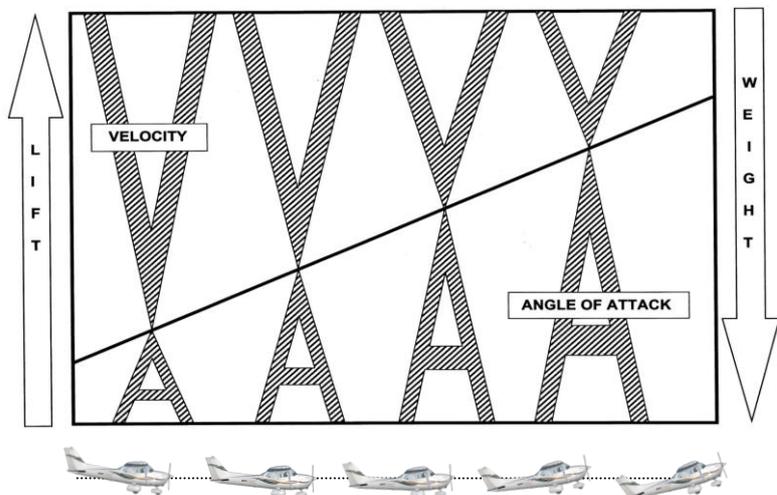


# CLIMBING & DESCENDING



## STRAIGHT & LEVEL



## TURNING

Enter Turn	Maintain Turn	Exit Turn
Lookout	Attitude	Lookout
Roll	Lookout	Roll
Balance	Attitude	Balance
Centralize	Performance	Centralize
Backpressure		Backpressure

## THE CIRCUIT

### Turning base

Radio  
Roll  
Power – 1200RPM (by sound)  
Flap, check speed flaps 20  
Trim

### Abeam the threshold

Power – 1700RPM (by sound)  
Check speed, flaps 10  
Adjust attitude & trim  
Rudder to correct yaw  
Lookout

### Turning Downwind

LASPT  
Check spacing  
Identify a reference point

### Mid-base (750' AGL)

Check:  
-Aspect  
-Altitude vs. distance

### 500' AGL

Turning final

### Final (300' AGL)

Stable approach criteria:

1. On profile; and
2. On speed; and
3. Configured.

If not – GO AROUND

### Pre Line-up Checks

Lights- As required  
Camera- XPDR-ALT  
Action-Radio Call

### Take-off Roll

Full power (slowly)  
Rudder to keep straight

### 200' AGL

Positive rate of climb  
Flaps up

### 400' AGL

Lookout

### 500' AGL

Turn

1000' AGL

Criteria:

1. Static RPM – 2300-2400 RPM; and
2. T&P – Green; and
3. Acceleration normal.

If not – Close the throttle & stop.

<p style="text-align: center;">CRUISE</p> 	<p style="text-align: center;">SLOW CRUISE</p> 	<p style="text-align: center;">SLOW CRUISE (with flap)</p> 	<p style="text-align: center;">FAST CRUISE</p> 
<p>POWER: <u>2300</u>    ATTITUDE: _____    PERFORMANCE: _____</p>	<p>POWER: <u>2000</u>    ATTITUDE: _____    PERFORMANCE: _____</p>	<p>POWER: <u>2100</u>    ATTITUDE: _____    PERFORMANCE: _____</p>	<p>POWER: <u>2400</u>    ATTITUDE: _____    PERFORMANCE: _____</p>
<p style="text-align: center;">BEST RATE OF CLIMB (<math>V_y</math>)</p> 	<p style="text-align: center;">MAXIMUM ANGLE OF CLIMB (<math>V_x</math>)</p> 	<p style="text-align: center;">GLIDE DESCENT</p> 	<p style="text-align: center;">CRUISE DESCENT</p> 
<p>POWER: <u>FULL</u>    ATTITUDE: _____    PERFORMANCE: _____</p>	<p>POWER: <u>FULL</u>    ATTITUDE: _____    PERFORMANCE: _____</p>	<p>POWER: <u>IDLE</u>    ATTITUDE: _____    PERFORMANCE: _____</p>	<p>POWER: <u>2000</u>    ATTITUDE: _____    PERFORMANCE: _____</p>
<p style="text-align: center;">MEDIUM LEVEL TURN (LEFT)</p> 	<p style="text-align: center;">MEDIUM LEVEL TURN (RIGHT)</p> 		
<p>POWER: <u>2300</u>    ATTITUDE: _____    PERFORMANCE: _____</p>	<p>POWER: <u>2300</u>    ATTITUDE: _____    PERFORMANCE: _____</p>	<p>POWER: _____    ATTITUDE: _____    PERFORMANCE: _____</p>	<p>POWER: _____    ATTITUDE: _____    PERFORMANCE: _____</p>

## Attitude Control